***The survey:***

*Sample : 40 Informant*

* What is your average internet usage per day ?
* 1h (0) 2h (10) 3h (22) 4h (2) More (6)
* In social media (34) In gaming (6)
* Used more :
* Normal videos (12) Reels (28)
* Used the internet :
* In order to study (3) In order to enjoy (37)
* What are the websites or apps you use the most throughout your day ?
* Instagram (30) Tiktok (7) Youtube (3) Others (0)
* Do you feel the internet impacts your productivity ?
* Yes (27) No (13)
* Are any online envies or tools you consider essential in your daily life ?
* Yes (29) No (11)
* Do you find it difficult to manage your time while using the internet ?
* Yes (35) No (5)
* Do you thing the internet affects your real-life social relation chips ?
* Yes (30) No (10)
* Do you feel pressure or anxiety because of what you see online ?
* Yes (36) No (4)

***Introduction:***

This report shows the impact of internet use on adolescents ,Among 1 st year se students . Nowadays teenagers everywhere .They say that the internet is very important and useful for theme , and to verify this . I prepared a survey for secondary school students, those age between 15 and 18 .



***The project of English***

***ABOUT***

***The problem***

Is the internet a positive this only ? on adolescents

The impact of internet use on adolescents

***The report:***

I questioned 40 informants ( 1 st year students) when I asked what is their average daily internet usage 10 of the them stated that they use it about 2h and 12 of them 3h and 2 of them 4h, while others are more than that .which means that most of them are addicts, and 34 of them said that they spend this time in social media while the rest is in gaming and in the third question 37 said that they used more reels not normal videos, but now a days. percent studies have shown that those short videos have a significant negative impaction the mind , as they weaken attention on and comprehension , almost everyone I asked used it just for fun , and also I noticed that the majority of those who used the internet more had poor academic achievement in the first semester, as the curie on the last page shows. and when I asked what are the websites or apps you use the most throughout your day ? They all answered that they use applications of social media which has no benefit other than reading the news and communicating with other, I think this is the only positive point in all my report, I also find that 27 of them said Yes not No and 13 said no when I asked them do you feel the internet impacts your productivity .and 29 of them found that there is online envies or tools are assent in their daily life , in one of my questions also 35 of them said using the internet . and when I asked the question : Do you thing the internet affects your real life social relation chips ? Said yes 35 of them . and 50 of them said No . and in my last question " Do you feel pressure or anxiety because of what you see online 36 said Yes and 4 No .***Conclusion:***

Our report showed that teenagers are greatly affected by the internet , and this technology does not only have a positive said , as they say , but also a negative said that is greater than the positive for this group .

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